



# GET ACTIVE. BE INSPIRED.

Coastal and urban adventures for schools & youth groups

**CULLERCOATS BIKE & KAYAK IS A MULTI-AWARD WINNING ADVENTURE COMPANY.**

We're ideally located on the edge of Newcastle upon Tyne, just 80 metres from the beach and a short metro ride to the city centre. We specialise in combining epic adventures on the coast with the best sights and attractions of Newcastle upon Tyne.

## ADVENTURE ACTIVITIES

### KAYAKING

Our classic activity. Learn to kayak on the sea in our sheltered cove at Cullercoats.

### STAND UP PADDLEBOARDING

The latest craze and incredibly popular, this needs balance and determination.

### COASTEERING

Get up close and personal with rock pools, kelp beds and challenge yourself to jump right in.

### LIFEGUARD TRIALS

Learn how to stay safe around the sea with a mix of action-packed adrenaline-filled activities and valuable life skills.

### BODY BOARDING

Learn how to tackle the waves, from paddling out to catching your first break!

### SURFING

Join our friends at Tynemouth Surf Co. and learn to surf on the iconic Longsands beach.

### COASTAL CYCLING

See the best of our coast on two wheels. Our leaders know all the best routes.

### ROCKPOOL SAFARI

Delve into rockpools and let our expert guides introduce you to the wildlife that lives within.

## TESTIMONIALS

“ I loved the kayaking but I fell off and it was amaze balls. I just want to say **IT WAS THE BEST DAY EVERRRRRR!** So I would honestly love to do it again! ”

Lily – Cullercoats Primary School

“ 25 of our Scouts had a great time last night with Curtis and Nick on SUP's at Cullercoats and Josh and Michael out Coasteering on Browns Bay. **Safety was paramount but fun not inhibited in any way** under the careful watch of CBK's Team. This is our second visit now and we're sure to be back again. ”

1st/7th Whitley Bay Sea Scouts

## DAYTIME VISITS

- **Half Day** £19.50 per pupil  
Include up to 2 of our activities

- **Full Day** £34.50 per pupil  
Include up to 4 of our activities

## RESIDENTIAL VISITS

*Includes: dinner, lunch, breakfast and multiple instructor-led daytime and evening activities each day.  
\*Hotel pricing may vary depending on season and availability*

- **2 Night Visit**

Hostel £155 per pupil  
Hotel £205 per pupil\*

- **3 Night Visit**

Hostel £210 per pupil  
Hotel £285 per pupil\*

- **4 Night Visit**

Hostel £260 per pupil  
Hotel £350 per pupil\*

### Additional Evening Activities

Our evenings are typically spent on the beach and exploring the city. But if you want to add a special treat, we can offer visits to Wet n' Wild water park, bowling or Whitley Bay ice rink, additional charges apply.

### Accommodation Partners

We work with the British Council accredited Northumbria School of English and local hotel operators. The School of English accommodates up to 37 people in 2-4 bed rooms with separate single rooms for staff. Local hotels provide twin or triple rooms with separate rooms for staff.

## OUR TEAM



**SARAH ATKINSON**

- Education & Groups Manager
- Former PE and RE teacher with 14 years experience
- Multi-activity water sports instructor



**MARCUS TINSLEY**

- Former head teacher
- 38 years teaching experience in Outdoor Education, PE, field studies and management in the primary phase
- Outdoor Education advisor



**SIMON LAING**

- Founder of Cullercoats Bike & Kayak
- 10 years as Education Liaison Manager for Newcastle University
- Former professional marine biologist
- Multi-activity water sports instructor

## HOW TO ENQUIRE

Contact Sarah, our dedicated Education & Youth Groups Manager. Sarah is on hand to assist you from enquiry to visit delivery.

Email: [groups@cullercoatsbikekayak.co.uk](mailto:groups@cullercoatsbikekayak.co.uk) or call: 0191 251 94 12

